

# The Future of Dental Benefits



For more than 60 years, MetLife has been a leader in providing dental benefits to plan sponsors of all different sizes and to individuals of all different backgrounds. Today, more than 20 million people have MetLife dental. MetLife has long been an innovator in member benefits.

We're making dental benefits easier to navigate with new self-service tools that put the information right at your fingertips.

- Find network dentists
- Review coverage details
- Check status of claims and payments
- Read provider reviews
- Schedule dental appointments
- Keep track of claim payments by opting into text messaging and email updates

**Visit [metlife.com/UFAdental](https://metlife.com/UFAdental)**

<sup>1</sup> Preventive services are subject to frequency limitations. Please see your certificate for more details.

<sup>2</sup> Based on internal analysis by MetLife. Negotiated fees refer to the fees that in-network dentists have agreed to accept as payment in full for covered services, subject to any copayments, deductibles, cost sharing and benefit maximums. Negotiated fees are subject to change.

<sup>3</sup> Based on MetLife internal contracting system analysis as of January 2023.

Like most group insurance policies, insurance policies offered by MetLife contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact your benefits administrator or MetLife for costs and complete details.